

SYLLABUS 2025-2026

CLASS-IV

ENGLISH

English Reader
English Grammar

Marigold Book Four
Essentials of Grammar and Composition (5)

APRIL'25

Reader	L-1 Wake Up (Poem) L-2 Neha's Alarm Clock
Make sentences	snuggles, window, bright, escape, imagine
Grammar	L- 1 The Sentence L-2 Subject and Predicate L-4 Nouns L-5 Nouns – Singular and Plural L-6 Nouns- Gender
Comprehension	(Source: Smart Class-Cordova Worksheet)
Creative Writing	Paragraph – My Classroom
Antonyms	accept, active, ancient, arrive, attack
Synonyms	admire, allowed, annual, assembly, begin
Homophones	allowed/aloud, angel/angle, berth/birth
Idiomatic Expression	piece of cake, grow up, hard and fast, in a nutshell, look into
Composition	Picture Composition
Declamation	Importance of Good Habits

MAY'25

Reader	L-3 Noses (Poem) L-4 The Little Fir Tree
Make Sentences	shelter, reward, relax, stole, granted
Grammar	L – 7 Nouns : Possession, L- 8 Adjective, L- 9 Adjectives: Degrees of Comparison (Source: Smart Class-Cordova Worksheet)
Comprehension	
Creative Writing	Mother's Day
Antonyms	beautiful, beginning, bold, borrow, entrance
Synonyms	brief, buy, calm, clean, correct
Homophones	brake/break, cell/sell, dairy/diary
Idiomatic Expression	ins and out, take off, apple of my eye, in the nick of time, worn out
Composition	Picture Composition
Declamation	Harmful Effects of Junk Food
Project	Food and Nutrition: Healthy Food Habits (Making collage using pictures showing benefits of eating healthy food against junk food.)

JULY'25

Reader	L- 5 Run (Poem) L-6 Nasruddin's Aim
Make sentences	boast, target, defending, aimed, chatting
Grammar	L-10 Articles, L-11 Pronouns, L-12 Verbs

Comprehension	Passage 1 (Pg -145)
Creative Writing	Picture Composition
Antonyms	first, freedom, fresh, brave, bright, broad
Synonyms	deceive, discover, drowsy, empty, end
Homophones	died/dyed, dose/doze, hair/hare,
Idiomatic Expression	stick to your guns, clouds on the horizon, look for, to spill the beans, be all ears
Declamation	Importance of Books
	AUGUST'25
Reader	L-7 Why! (Poem) L-8 Alice in Wonderland
Make sentences	delight, whiskers, curiosity, popped, scamper
Grammar	L-14 Simple Present Tense L-17 Simple Past Tense L-19 Simple Future Tense
Comprehension	Passage 2 (Pg-146)
Creative Writing	Independence Day
Antonyms	cheap, dangerous, deep, early, empty, polite
Synonyms	faithful, foolish, glad, grave, happiness
Homophones	heal/heel, loose/lose, pain/pane
Idiomatic Expression	blessing in disguise, make a long story short, hang on, call off, look after
Composition	Application Writing
Declamation	Pollution
	SEPTEMBER'25
Reader	L-9 Don't be Afraid of the Dark L- 10 Hellen Keller
Make sentences	illness, agreed, locked, kicked, strict
Grammar	L-15 Present Continuous Tense L – 18 Past Continuous Tense L – 20 The 'Going To' Form L – 21 Future Continuous Tense
Comprehension	Passage 4 (Pg- 147)
Creative Writing	Paragraph-Teacher's Day
Antonyms	positive,present,profit,gain,happiness,hard,polite
Synonyms	haste, help, huge, injure, lucky
Homophones	pair/pare, peace/piece, pray/prey
Idiomatic Expression	beat around the bush,break the ice,come across, a stone's throw,an arm and a leg
Creative Writing	Autobiography of Tree
Declamation	Cleanliness
	OCTOBER'25
Reader	L-11Hiawatha (Poem) L-12 The Scholar's Mother Tongue
Make sentences	mother tongue, fluent, challenge, tickled, mastery
Grammar	L-16 Present Perfect Tense L-26 Subject-Verb Agreement
Comprehension	Passage 4 (Pg- 148)
Creative Writing	Application Writing
Antonyms	haste, high, innocent, kind, light, loose

Synonyms	ordinary, polite, reply
Homophones	principle/principal, quiet/quite, root/route
Idiomatic Expression	call it a day, better late than never, break down, carry on, 24/7
Composition	Lal Bahadur Shastri
Declamation	Benefits of Reading
NOVEMBER'25	
Reader	L-13 A Watering Rhyme (Poem) L -14 The Giving Tree
Make Sentences	pluck, delicious, stump, swing, recognised
Grammar	L – 23 Negative Sentences L – 24 Interrogative Sentences
Comprehension	Passage 6 (Pg- 132)
Creative Writing	Informal Letters
Antonyms	love, natural, oral, peace, permanent, proud
Synonyms	rich, sure, talk
Homophones	stair/stare, storey/story, their/there
Idiomatic Expression	kill two birds with a stone, pretty penny, settle down, time is money, hold your horse
Declamation	Importance of Good Manners
DECEMBER'25	
Reader	L-16 Books (Poem) L-17 Going to buy a Book
Make sentences	bookshop, machines, finally, climbed, market
Grammar	L-27 Adverb L-28 Prepositions
Comprehension	Passage 6 (Pg- 151)
Creative Writing	Story Writing (Pg.132)
Antonyms	punish, remember, rise, rough, senior
Synonyms	grief, sure, haste
Homophones	waist/waste, weather/whether,
Idiomatic Expression	break a leg, through thick and thin, rule out, to run into, beat around the bush
Composition	Christmas
Declamation	Importance of Discipline
Project	Food and Nutrition: Healthy Food Habits (Making a catalogue of various food items consumed daily, with pictures in a scrapbook and stating their benefits.)
JANUARY'26	
Reader	L –15 The Donkey (Poem)
Grammar	L – 29 Conjunctions L – 30 Punctuation and Capital
Creative Writing	Paragraph Writing
Comprehension	Passage 8 (Pg- 134)
Antonyms	sharp, silent, success, superior,
Synonyms	hurt, loyal, large, sleepy
Idiomatic Expression	under the weather, cold feet, caught red handed, on the same page, hit the sack
Homophones	Exercise c and d (Pg no. 138)

Composition Story Writing
Declamation Time and Tide Wait for None

FEBRUARY'26

Reader L – 18 The Naughty Boy (Poem)
 L-19 Pinocchio

Make sentences puppet, carpenter, decided, stiff, puzzled

Grammar L-3 Parts of Speech
 L-13 The Tense

Comprehension (Source: Smart Class Cordova)

Creative Writing Paragraph Writing

Antonyms true, useful, wild, wise

Synonyms serious, hurry, wealthy

Homophones Exercise (e) and (f) (Pg no. 138)

Idiomatic Expression apple pie order, above board, heart and soul, round the clock, around the corner

Creative Writing Picture Composition

Declamation Honesty is the Best Policy

MARCH'26

Reader Revision of L 12, 14,17 and 19 (Spellings)

Grammar L-3 Parts of Speech (Parsing)

Comprehension Assignment

Creative Writing Paragraph- Spring Season

Declamation Electronic Gadgets – Boon or Bane

Note:- Editing, Omitting of a passage will be done regularly.

SYLLABUS FOR ENGLISH WORKSHEET

Terms	I		II	
English Spelling Worksheet	L- 2,4,6,8,Synonyms , Antonyms (April – September) , G.K Words		L- 10,12,14,17,19 , Synonyms, Antonyms (October- March)	
English Worksheet	I	II	III	IV
Reader	L- 2, P-1	L- 4,6 P- 5	L- 8,10 P- 9	L- 14,17 P- 16
Grammar	L- 1,2,4,5,6 Homophones (April) Idiomatic Expression (April) Picture Composition & Comprehension	L- 8,9,10,11,12 Homophones (May-July) Idiomatic Expression (May-July) Paragraph Writing & Comprehension	L- 14,17,19,15,18, 20,16 Homophones (August, September) Idiomatic Expression (August, September) Paragraph Writing & Comprehension	L- 23,24,25,26,27 Homophones (October, November) Idiomatic Expression (October, November), Application & Comprehension

हिन्दी

पाठ्यपुस्तक
व्याकरण

अमोली (डॉ० निर्मल दलाल)
अमोली हिंदी व्याकरण (डॉ० निर्मल दलाल)

अप्रैल

अमोली
वाक्य रचना

पाठ- 3 दो फूल
जख्मी, इलाज, सहायता, निर्भर, अखबार, परिश्रम, योग्य,
विकलांग, धैर्य, साहस

कविता
व्याकरण

पेड़ न कटने देंगे (पृष्ठ -28)
पाठ -2 वर्ण विचार, लिंग(1-4), वचन(1-3), विलोम शब्द (1-10), अशुद्ध-शुद्ध शब्द (1-10), मुहावरे (1-3), पर्यायवाची शब्द (1-6), हिन्दी संख्याएँ (1-20)

अनुच्छेद
अपठित गद्यांश
रचनात्मक कार्य

स्वास्थ्य
स्रोत-स्मार्ट क्लास
चित्र-वर्णन
मणिपुर के किसी एक प्राकृतिक दृश्य का चित्र बनाकर उसमें रंग भरिए।

Art Integration

Sketching (1.1.3 Sketching from nature and surroundings)

मई

अमोली
वाक्य रचना

पाठ-2 भीतरी ताकत
चकित, खूबसूरत, कालीन, तकलीफ, आश्चर्य, चुपचाप,
खामोशी, ईश्वर, पर्यावरण, हिम्मत

कविता
व्याकरण

पाठ -1 मुझको तुम अच्छी लगती हो
पाठ -1 भाषा और व्याकरण, पाठ -5 संज्ञा, लिंग(5-8), वचन (4-7), मुहावरे (4-7), अनेक शब्दों के लिए एक शब्द (1-8), अनेकार्थी शब्द (1-10) (उत्तर- पुस्तिका वाले)

अनुच्छेद
रचनात्मक कार्य

योग दिवस
(अ) 'सफल होने के लिए इंसान में जिन गुणों की आवश्यकता होती है' पर लेख लिखिए।

प्रोजेक्ट कार्य

भोजन और पोषण, स्वस्थ खान-पान की आदतें
संतुलित भोजन व पौष्टिक आहार पर जानकारी एकत्र करके चित्र सहित वर्णन करें।

Art Integration

(Painting 1.5.1) Organization, display and exhibition of students periodical and sessional work

जुलाई

अमोली
वाक्य रचना

पाठ-4 चाणक्य का न्याय
तीर्थयात्रा, चिंता, गवाह, उपस्थित, प्रमाण, आज्ञा, छल, अपराध,
न्यायी, बरबाद

कविता
व्याकरण

पाठ -6 खेल – खेल में
पाठ-3 शब्द विचार, लिंग (9-13), वचन(8-11), विलोम शब्द (11-20), अशुद्ध-शुद्ध शब्द (11-20), पर्यायवाची शब्द (7-13), हिन्दी संख्याएँ (21-40)

अपठित गद्यांश
चर्चा
रचनात्मक कार्य

स्रोत-स्मार्ट क्लास
मेरा प्रिय खिलाड़ी
(अ) चित्र-वर्णन, (ब) कोई पाँच गुण लिखिए, जो अच्छा लीडर बनने के लिए आवश्यक हैं।

अगस्त

अमोली वाक्य रचना	पाठ – 5 मुल्ला की सूझ – बूझ सहमत ,कीमत ,उधार ,बेहद , ख्वाहिश, मुल्क, जुर्म, दलील, अंकुर, दाम
व्याकरण	पाठ- 8 क्रिया तथा काल , लिंग(14-18), वचन(12-15), विलोम शब्द (21-30), मुहावरे (8-11), अनेक शब्दों के लिए एक शब्द (9-15) पर्यायवाची शब्द (14-20)
चर्चा अनुच्छेद रचनात्मक कार्य	मेरा प्रिय शहर स्वतंत्रता दिवस (अ) चित्र – वर्णन (ब) 'जन्माष्टमी' विषय पर लेख लिखिए ।

सितम्बर

अमोली वाक्य रचना	पाठ -8 सुप्रिया, पाठ-9 चतुर चरवाहा हिस्सा, अकाल ,पूर्ति ,प्रारंभ,सेविका,अश्रु, निर्धन, भंडार,प्रयत्न , आशीर्वाद
कविता व्याकरण	हम भी तो कुछ देना सीखें (पृष्ठ -80) पाठ- 6 सर्वनाम, लिंग(19-22),वचन(16-19), अशुद्ध-शुद्ध शब्द (21-30) , मुहावरे (12-15), हिन्दी संख्याएँ (41-60)
अनुच्छेद रचनात्मक कार्य	गणेश – चतुर्थी (अ)चित्र – वर्णन (ब)'शिक्षक दिवस' विषय पर लेख लिखिए ।

अक्टूबर

अमोली वाक्य रचना	पाठ-7 आनंद का त्योहार चरवाहा, जवाब,घुड़सवार, सुरीली, बुद्धिमान, तलाश, बेहतर, संबंध, भेंट, ऊँची
व्याकरण	पाठ- 7 विशेषण , लिंग(23-27), वचन(20-23), मुहावरे (16- 20), पर्यायवाची शब्द(21-26), श्रुतिसम-भिन्नार्थक शब्द(1- 10), हिन्दी संख्याएँ (41-60)
अपठित गद्यांश चर्चा अनुच्छेद रचनात्मक कार्य Art Integration	स्रोत –स्मार्ट क्लास दशहरा गाँधी जयंती चित्र – वर्णन किसी एक प्रसिद्ध भारतीय त्योहार के बारे में वर्णन करें ।

नवम्बर

अमोली वाक्य रचना	पाठ-10 औरों के लिए जीओ चुनौती, समर्पित, सच्चाई , उदारता, नामुमकिन, निश्चय, आत्मसम्मान, आश्रम, उपाधि, स्वास्थ्य
व्याकरण	पाठ – 11 विराम – चिह्न,विलोम शब्द(31-40), अनेकार्थी शब्द (11-20) , अनेक शब्दों के लिए एक शब्द (16-21) (उत्तर- पुस्तिका वाले)
अनुच्छेद रचनात्मक कार्य	शिष्टाचार (अ) चित्र – वर्णन (ब) 'मदर टेरेसा' का चित्र चिपकाकर उनके जीवन पर लेख लिखिए ।

दिसम्बर

अमोली
वाक्य रचना

पाठ-11 गुलाबी नगरी
जानकारी, वृत्तांत, आभूषण, प्रसिद्ध, बाज़ार, हवादार, दैनिक, प्रवेश,
पर्यटन, आदेश

कविता
व्याकरण

पाठ-13 चोट
पाठ- 10 वाक्य, लिंग(28-31), वचन(24-27), विलोम शब्द
(41-50), अशुद्धि – शोधन वाक्य (1-5), पर्यायवाची शब्द (27-
32), हिन्दी संख्याएँ (61-80)

अपठित गद्यांश
चर्चा
अनुच्छेद
रचनात्मक कार्य

स्रोत –स्मार्ट क्लास
मेरा मनपसंद शहर
समाचार-पत्र
(अ)राजस्थान के प्रसिद्ध पर्यटन स्थलों के चित्र चिपकाकर किसी
एक पर्यटन के विषय पर लेख लिखिए।

जनवरी

अमोली
वाक्य रचना

पाठ-12 दादा जी की चौपाल
अंधविश्वास, मनुष्य, संबंध, इस्तेमाल, मरम्मत, उपयोग, मात्रा,
अवश्य, कीटाणुरहित, नष्ट

व्याकरण

पाठ- 9 क्रियाविशेषण, पाठ – 14 पत्र – लेखन, लिंग (32-36),
वचन (28-30), मुहावरे (21-25), पर्यायवाची शब्द (33- 38)

अपठित गद्यांश
चर्चा
अनुच्छेद
रचनात्मक कार्य

पृष्ठ-106
गणतंत्र दिवस
पोंगल
(अ)चित्र – वर्णन

फरवरी

अमोली
वाक्य रचना

पाठ-14 बंटी और कंप्यूटर
पैदल, दर्द, कमज़ोर, निश्चित, गायब, अभ्यास, प्रयास,
जानकारी, निर्भर, मस्तिष्क

व्याकरण

पाठ -17 रचनात्मक गतिविधियाँ, विलोम शब्द (46-50), लिंग
(37-42), अशुद्धि – शोधन वाक्य (6-10), हिन्दी संख्याएँ (81-
100)

अपठित गद्यांश
चर्चा
अनुच्छेद
रचनात्मक कार्य

स्रोत –स्मार्ट क्लास
गैजेट्स के लाभ व हानि
बसंत पंचमी
(अ)चित्र – वर्णन
(ब) 'विज्ञान की जिस खोज ने हमारे जीवन को सबसे अधिक
प्रभावित किया?' विषय पर लेख लिखिए।

मार्च

अमोली

अभ्यास प्रश्न- पत्र – 1, अभ्यास प्रश्न- पत्र – 2, बूझो तो जानें,
एक नज़र: लाल किले से (खेल -खेल में)

व्याकरण

गतिविधि (क्या करेंगे आप?) पृष्ठ 102, स्वयं को परखिए -1,
स्वयं को परखिए-2

चर्चा
अनुच्छेद

पर्यावरण प्रदूषण
रंगों का त्योहार - होली

सत्र	1		2	
श्रुतलेख	पाठ-2,3,4		पाठ- 7,8,9	
अभ्यास - कार्य	1	2	3	4
अमोली	पाठ-2 (अपठित गद्यांश),3, कविता (पृष्ठ-28)	पाठ-1,4,5 (अपठित गद्यांश)	पाठ-6,9,8(अपठित गद्यांश)	पाठ-7,13,10 (अपठित गद्यांश)
व्याकरण	पाठ-1,हिन्दी संख्याएँ (1-20), लिंग (1-8), वचन (1-7),पर्यायवाची शब्द (1-6),विलोम शब्द (1-10), अनेक शब्दों के लिए एक शब्द (1-8),चित्र – वर्णन	पाठ- 5,8 (क्रिया),वचन (1-15), अनेकार्थी शब्द (1-10) अशुद्ध – शुद्ध शब्द (1-20), मुहावरे (1-11), विलोम शब्द (1-30), हिन्दी संख्याएँ (1-40), चित्र – वर्णन	पाठ-6,8 (काल), लिंग (1-31), विलोम शब्द (1-42) पर्यायवाची शब्द (1-26) अशुद्ध – शुद्ध शब्द (1-30), मुहावरे (1-20), श्रुतिसम – भिन्नार्थक शब्द (1-10), चित्र – वर्णन	पाठ-7,11, वचन (1-30) विलोम शब्द (1-45), हिन्दी संख्याएँ(1-80), अशुद्ध – शुद्ध वाक्य (1-5), अनेकार्थी शब्द (1-20), अनेक शब्दों के लिए एक शब्द (1-27) ,चित्र – वर्णन

MATHEMATICS

TOGETHER WITH NEW MATHEMATICS

BOOK

(Rachna Sagar Publications)

APRIL'25

Chapter 1

Numbers and Numeration

Chapter 2

Addition (upto Ex 2b)

Table

16

Dodge Tables

2 to 16

Art Integration Activity

(a) To represent phone numbers of your parents in Indian as well as International place value chart.

(b) To decode the message using Roman Numeral.

ART INTEGRATION ACTIVITY: To form a foldable of a 5-digit number and explaining it's expanded form.

MAY'25

Chapter 2

Addition (Ex 2c and 2d)

Chapter 3

Subtraction

Table

17

Dodge Table

2 to 16

Activity

To solve the puzzle.

ART INTEGRATION PROJECT: To draw Warli Art using basic geometrical shapes like triangles, circles and lines on small canvas.

LIFESKILL ACTIVITY: Comprehension with two Operations (+,-)

JULY'25

Chapter 4

Multiplication

Chapter 5

Division (upto Ex 5c)

Table

18

Dodge Tables

2 to 17

Activity

(a)To solve the puzzle using different Mathematical Operations

(b) To complete the patterns.

AUGUST'25

Chapter 5	Division (Ex 5d to 5g)
Dodge Tables	2 to 18
Activity	(a) To complete the puzzle (b) To complete the pyramid by find the missing numbers.

Artificial Intelligence Activity: Teacher will enact as an AI instructor and guide students to complete a maze, by selecting the correct number path based on addition and subtraction

SEPTEMBER'25

Chapter 6	Multiples and Factors
Chapter 7	Fractions (upto Ex 7c)
Dodge Tables	2 to 18
Activity	To find Prime Numbers using Sieve of Eratosthenes.

ART INTEGERATION ACTIVITY: Students will learn the concept of HCF and LCM using a paper cup MODEL and bangles.

<https://youtu.be/qsmqUW4uYJc> ?si=44NkKWrlGzXQ L47

OCTOBER'25

Chapter 7	Fractions (Ex 7d to 7g)
Chapter 10	Measurement (upto Ex 10 d)
Dodge Tables	2 to 18
Activity	To solve puzzle using concept of Fractions.

ART INTEGERATION PROJECT: To learn the concept of Fraction using Balanced diet chart.

NOVEMBER '25

Chapter 10	Measurement (Ex 10 e)
Dodge Tables	2 to 18
Activity	To understand the concept of measurement by choosing correct unit

DECEMBER'25

Chapter 8	Decimals
Chapter 9	Money
Dodge Tables	2 to 18
Activity	(a) To solve problems related to Money using dummy Indian currency (Activity kit)

JANUARY'26

Chapter 11	Measures of Time
Dodge Tables	2 to 18
Activity	To enable them to read the dates and days of some important days falling in calendar of current year

FEBRUARY'26

Chapter 12	Basic Geometrical Concepts
Chapter 13	Perimeter and Area (upto Ex 13a)
Dodge Tables	2 to 18
Activity	Making and colouring of different Patterns using compass

ART INTEGERATION ACTIVITY: Find the Perimeter of any closed object using a thread and a scale.

MARCH'26

Chapter 13	Perimeter and Area(Ex 13 b)
Chapter 14	Data Handling
Dodge Tables	2 to 18
Activity	To find Perimeter and Area of Maths notebook and book.

LIFESKILL PROJECT To collect class data and create a bar graph to visually represent the different modes of transportation chosen by the students.

Syllabus for Worksheet:

Worksheet	I	II	III	IV
Chapter No.	1 and 2 Mental Maths	3, 4,5 (till Ex 5B) and Mental Maths	5,6,7 and Mental Maths	8,9,10 and Mental Maths

Project :

Term 1 : To draw Warli Art using basic geometrical shapes like triangles, circles and lines on jute bags.

Term 2 : To understand the concept of Fraction using Balanced diet chart.

Note: Revision of Tables (2 to 18) will be done regularly.

Mental Maths (30 Questions) will be done every month.

ENVIRONMENTAL STUDIES

EVS BOOK:

My Green World IV (Millennium Publication)

My Green World Worksheets (Millennium Publication)

APRIL'25

Chapter- 1

Diagrams

Experiment:

Vital Parts of Our Body

(a) Digestive system (b) Kidneys (c) Lungs

(Visit to Bio lab)

(a) To show the internal organs of our body

(b) Making a stethoscope (In activity lab)

Life Skill :

Implementation of Yogasan to make digestive system healthy and strong (Yoga)

Group Activities

(a) Cross word Puzzle

(b) Discussion on the internal and external organs

(c) Count the number of heart beats in a minute and demonstrate how heart beat increases during exercise

Paragraph

Pongal: Harvest Festival

Chapter- 15

Life Skill

Elections In India

(a) Make a model of Electronic Voting Machine with the help of cardboard, chart paper and sketch pens.

MAY'25

Chapter- 2

Activity

Safety And Health

To make a tabular presentation showing communicable diseases, their causes and precautions.

Life Skill

(a) Road safety Rules skit

Chapter- 9

Diagram

Map Reading – Locating Places

Map Activity

(a) Draw important signs and symbols used in a map

(a) To mark all the states of India on the political map of India

Project Topic

(food and nutrition – Healthy eating habits)

1) Sprout salad making activity

2) Sprout salad is a healthy, gluten free and vegan salad made with green Moong bean sprouts with colourful veggies.

JULY'25

Chapter- 18

Activities:

Plant Life

Visit to kitchen garden (Field Trip)

(a) To show different types of roots.

(b) To show that roots prevent soil erosion.

Diagrams:	(a)Parts of a plant (b) Tap root , Fibrous root
Experiment:	Visit to biology lab (a)To show a slide of Stomata
Chapter- 5 Activities:	Our Clothes (a) Flow Chart showing the process of making cloth. (b) paste pictures of different clothes people wear according to the climate.
Chapter- 3 Diagram Activities	Food We Eat (a) Showing types of nutrients present in our food (a) How to grow and make sprouts (b) Students will share their views on Healthy food vs Junk food (c) Poster making on Eat healthy, Stay healthy (Art)
Group Activities	(a) Class will be divided into group of nutrients and each group will tell why they are important
CBSE Activity	(a) Cooking without fire (Visit to life skill lab) Making dry fruit Ladoos (Poshan Maah)

AUGUST'25

Chapter- 12 Activities	Monuments of India (a) Paste a monument and write about it. (b) Indian Monuments (Art)
CBSE Activity	(a) Paragraph on Independence Day with pictures of national symbols in Activity notebook (b) Role play on Freedom Fighters.
Chapter- 4 Life Skill	An Ideal House To make a model of different types of houses (any 1) (a) Igloo, Hut, Mud house (b) Visit to activity lab.
Group Activity	(a) To find out the names of some household pests and the diseases caused by them.
Chapter- 20 Diagram Activities	Air We Breathe (a) Composition of air 1) To Demonstrate: (a) Air has weight (b) Air exerts pressure (c) Air occupies space 2) Practice Pranayams for strong respiratory system

SEPTEMBER'25

Chapter- 21 Diagram: Experiment:	Air, Water and Weather (a) Water Cycle To Demonstrate:(a) Hot air rises up (b) Evaporation (c) Condensation
Chapter- 10 Map Activities	Land and People Of Northern India (a) Mark the mountains and the rivers of Northern India on physical map of India. (b)Mark Geographical regions of Northern India on physical map of India.
Chapter- 25 Diagrams Experiment	Our Earth (a) Earth and its rotation & revolution (a) To show the model of Earth (b) To demonstrate the formation of day and night
Group Activity	(a) To find out about the time difference in the different cities

OCTOBER'25

Chapter- 22

Diagrams

Activity

Group Activities

Life Skill

Paragraph

Chapter -13

Activity

Chapter – 23

Activities

Clean Surroundings

(a) Recycling Materials (b) Symbol used for recycled products

(a) To make a paper bag

(b) Landscape Scene (Art)

(a) Discussion will be made how rag pickers and waste pickers help in recycling of materials

(a)Nukkad Natak on Cleanliness

Durga Puja

The Great Rulers Of India

(a) Paste pictures of the great kings of India

Environmental Pollution

(a) To make a list of ways to reduce pollution (in activity notebook)

(b) Paste pictures of different types of pollution

NOVEMBER'25

Chapter- 17

Activities

Group Activity

Chapter- 8

Activities

Group Activity

Transport and Communication

(a) To make a transport vehicle (in activity notebook)

(b) Draw or paste the logos of any three airlines

(a) Cut and paste pictures of different mobile phones and TV from any newspaper / magazines

Caring and Sharing

(a) To make a Do/Don't chart to protect Public Property (in activity notebook)

(a) Creating awareness by not littering or damaging the school property

DECEMBER'25

Chapter- 19

Diagram

Activity

Paragraph

Chapter- 24

Activities:

Group Activity

Chapter- 7

Activities

Life Skill

Project Topic

Animals Life – Reproduction In Animals

(a) Parts of an egg

(a) Show the life cycle of a butterfly with coloured paper (in activity notebook)

Veer Bal Diwas

Natural Resources

(a) Make a list of five trees and things we get from these trees (in activity notebook)

(a) Discussion in the class 'why we should protect the forests'

Community Services

(a) To find out why is it important to pay taxes on time.

(b) Role play on community services.

(food and nutrition – Healthy eating habits)

1) To prepare a healthy eating tuff tray.

JANUARY'26

Chapter- 11

Activities

Paragraph

Land And People Of Southern India

(a) Mark the major geographical regions of Southern India on Political Map of India

Vasant Panchmi

FEBRUARY'26

Chapter- 6

Activities

Chapter- 16

Diagram

Our Community

(a) Design a slogan for your school (Art)

Story Of Wheel

(a) Make a chart showing uses of wheel

MARCH'26

Paragraph
Chapter- 14
Activity

Holi
Famous Travellers Of India
(a) Paste pictures of the famous travellers in India in activity notebook.

Syllabus for EVS Worksheets

1 , 2 , 9 , 15	3 , 5 , 12 , 18	10 , 13 , 21 , 25	11 , 19 , 17 , 24

GENERAL KNOWLEDGE

NOTE : Ten questions related to Current Affairs and Mental Ability to be done every month .

APRIL'25	Pg 9, 10, 11, 12 , 13,14, 15
MAY '25	Pg 16, 17, 18 , 19, 20 ,21,22
JULY '25	Pg 23, 24, 25, 26, 27 ,28, 29
AUG ' 25	Pg 30, 31, 32, 33, 34, 35
SEPT '25	Pg 36 , 37, 38, 39 ,40 ,41
OCT ' 25	Pg 42 ,43 , 44 , 45 ,46 ,47
NOV '25	Pg 48 ,49 , 50, 51, 52, 53
DEC '25	Pg 54 ,55 ,56 , 57, 58 ,59
JAN ' 26	Pg 60 , 61, 62 ,63, 64, 65
FEB' 26	Pg 66 , 67, 68 , 69 , 70 , 71
MAR ' 26	Pg 72 , 73 ,74, 75, 76, 77, 78

ART AND CRAFT

APRIL'25

Drawing File	Introduction of Colour Wheel And Primary, Secondary and Tertiary Colours
Drawing File	Save electricity /Energy
Aesthetics	pg.1,2,3,4 and 5
Activity	Stone Painting

MAY'25

Drawing File	Mother's Day Scene
Aesthetics	pg.6,7,8 and 9
Activity	Slogan writing or Painting on Ek Bharat Shreshth Bharat
Competition	Flower Making for Mother's Day

JULY'25

Drawing File	Rainy Scene
Drawing File	Poster Making on Eat Healthy Stay Healthy
Aesthetics	pg. 10 and 11
Activity	Project File
Competition	Rakhi Making for Soldiers

AUGUST'25

Drawing File
Drawing File
Aesthetics
Activity
Craft

Beach Scene
Rainy Scene
pg.12,13 and 14
Poster on writing on Mental Health
Coster with MDF Board

SEPTEMBER'25

Drawing File
Drawing File
Aesthetics
Competition

Village Scene
Temple Scene
pg.15,16 and 17
Origami Model Making

OCTOBER'25

Drawing File
Drawing File
Aesthetics
Competition
Competition

Durga Puja
Ganesh Chaturthi
pg.18,19 and 20
Kandil Making
Camel Colour Contest

NOVEMBER'25

Drawing File
Aesthetics
Craft

Bus Stand Scene
pg. 21,22 and 23
Glass Painting on OHP Sheet

DECEMBER'25

Drawing File
Drawing File
Aesthetics
Activity
Competition

Christmas Scene
Indian Monument
Pg. 24, 25 and 26, 27
Wall Hanging
Stars and Snow Flakes Making

JANUARY'26

Drawing File
Aesthetics

Railway Scene
pg. 28 ,29,30, and 31

FEBRUARY'26

Drawing File
Drawing File
Aesthetics
Craft

Spring Scene
My City Scene
pg.32,33,34,35 and 36
Pot Painting

MARCH'26

Drawing File
Aesthetics
Activity

Airport Scene
Pg. no 37, 38,39,40 and 41
T- Shirt Painting with Tye and DYE

MUSIC

APRIL'25

AAROHA = SA RE GA ,RE GA MA,GA
MA PA,MA PA DHA,PA DHA NI,DHA
NI SA
AVROHA= SA NI DHA, NI DHA PA,
DHA PA MA, PA MA GA, MA GA RE,
GA RE SA

This little light of mine, I'm gonna let it
shine.

This little light of mine, I'm gonna let it
shine.

This little light of mine, I'm gonna let it
shine.

Let it shine, let it shine, let it shine.

Everywhere I go, I'm gonna let it shine.

Everywhere I go, I'm gonna let it shine.

Everywhere I go, I'm gonna let it shine.

Let it shine, let it shine, let it shine.

This little light of mine, I'm gonna let it
shine.

This little light of mine, I'm gonna let it
shine.

This little light of mine, I'm gonna let it
shine.

Let it shine, let it shine, let it shine.

भंगड़ा पा ले ,खुशिया मना ले
मिल के नाच ले, गए ले
ओ जटा आई बैसाखी
ओ जटा आई बैसाखी भंगड़ा पा ले.....

खेता विच फसला
लहर लहर लहराइया
अम्बा ते पेड़ा
बोरा फूट फूट आइया
ओ जटा आई बैसाखी ओ जटा आई बैसाखी

ढोल वि वजदे
मेले वि लगदे
जश्र दी रौनक छैया
मुटियारा सजधज के सरिया
गिद्धा पवन आइया
जटा आई बैसाखी

भंगड़ा पा ले ,खुशिया मना ले
मिल के नाच ले, गए ले
ओ जटा आई बैसाखी
ओ जटा आई बैसाखी भंगड़ा पा ले.....

MAY'25

झूला तो पड़ गए , अम्बुआ की डार पे जी
झूला तो पड़ गए , अम्बुआ की डार पे जी
एजी कोई राधा को गोपाला बिन राधा को
झुलावे झूला, कौन झूला तो पड़ गए
अम्बुआ की~ डार पे जी
धीरज धर ले, मन समझाए ले री
एजी अगले सावन में राधाजी अगले सावन में
झूलेंगे कान्हाँ, संग
धीरज धर ले, मन समझाए ले री
या राधा का जीवन, श्याम बिना
रामायण जैसे राम बिना
संग की सहेलियाँ समझें ना बात को जी
एजी कोई उन बिन हम्बे हमें उन बिन
कछु ना, सुहा~ए झूला तो पड़ गए
अम्बुआ की~ डार पे जी,
इन बागन में इन, फूलन में
हम झूले प्रीत के झूलन में अब ये फुलवा,
चुभ रहे सूल से जी अब ये फुलवा
एजी इन बागन में अकेले इन बागन में
पड़े ना अब, पाँ~व
झूला तो पड़ गएँ
अम्बुआ की~ डार पे जी

MAY'25

There comes a time
When we heed a certain call
When the world must come together as
one
There are people dying
Oh, and it's time to lend a hand to life
The greatest gift of all
We can't go on
Pretending day by day
That someone, somewhere will soon make
a change
We are all a part of God's great big family
And the truth, you know, love is all we
need
We are the world
We are the children
We are the ones who make a brighter day,
so let's start giving
There's a choice we're making
We're saving our own lives
It's true we'll make a better day, just you
and me

JULY'25

ओ देश मेरे तेरी शान पे सदके
कोई धन है क्या तेरी धूल से बढ़ के
तेरी धूप से रौशन तेरी हवा पे जिंदा
तू बाग है मेरा मैं तेरा परिंदा
है अरज़ ये दीवाने की
जहाँ भोर सुहानी देखी
एक रोज़ वही मेरी शाम हो
कभी याद करे जो जमाना
माटी पे मर मिट जाना
ज़िकर में शामिल मेरा नाम हो
ओह देश मेरे तेरी शान पे सदके
कोई धन है क्या तेरी धूल से बढ़ के
तेरी धूप से रौशन तेरी हवा पे जिंदा
तू बाग है मेरा मैं तेरा परिंदा
आंचल तेरा रहे मां रंग बिरंगा
ओह ऊंचा आसमान से हो तेरा तिरंगा
जीने की इज्जत देदे या हुकुम शहादत देदे मंजूर
हममें जो भी तू चुने
रेशम का हो मधुशाला
या कफन सिपाही वाला
ओढ़ेंगे हम जो भी तू बूने
ओह देश मेरे तेरी शान पे सदके
कोई धन है क्या तेरी धूल से बढ़ के
तेरी धूप से रौशन तेरी हवा पे जिंदा
तू बाग है मेरा मैं तेरा परिंदा

JULY'25

This is the day, this is the day
That the Lord has made, that the Lord has
made
I will rejoice, I will rejoice
And be glad in it, and be glad in it
This is the day that the Lord has made
I will rejoice and be glad in it
This is the day, this is the day
That the Lord has made
This is the day, this is the day
That the Lord has made, that the Lord has
made
I will rejoice, I will rejoice
And be glad in it, and be glad in it
This is the day that the Lord has made
I will rejoice and be glad in it
This is the day, this is the day
That the Lord has made

AUGUST'25

ज़री की पगड़ी बाँधे, सुंदर आँखों वाला,
कितना सुंदर लागे बिहारी कितना लागे प्यारा ।
ज़री की पगड़ी बाँधे...
कानों में कुण्डल साजे, सिर मोर मुकुट विराजे,
सखियाँ पगली होती, जब - जब होठों पे बंशी
बाजे ।
हैं चंदा यह सांवरा, तारे हैं ग्वाल बाला,
कितना सुंदर लागे बिहारी कितना लागे प्यारा ॥
लट घुँघरे बाल, तेरे कारे कारे बाल,
सुन्दर श्याम सलोना तेरी टेडी मेडी चाल ।
हवा में सर - सर करता तेरा पीताम्बर मतवाला,
कितना सुंदर लागे बिहारी कितना लागे प्यारा ॥
ज़री की पगड़ी बाँधे, सुंदर आँखों वाला,
कितना सुंदर लागे बिहारी कितना लागे प्यारा ।
ज़री की पगड़ी बाँधे...

The tricolour of india
Flutters atop with pride
Saffron white and green
It holds the chakra firm inside
The tricolour of india
Flutters atop with pride
Saffron white and green
It holds the chakra firm inside
Ye tiranga hamara ooncha rahega
Ye tiranga hamara ooncha rahega
Saffron stands for sacrifice
White a symbol of peace
Green for prosperity
And the india of our dreams
The chakra denotes growth
And progress for one and all
The leader of nations of the world
Our country stands tall
Ye tiranga hamara ooncha rahega

SEPTEMBER'25

जय गणेश जय गणेश जय गणेश पाहिमाम,
जय गणेश जय गणेश जय गणेश रक्षमाम।
मुदाकरात्तमोदकं सदा विमुक्तिसाधकं
कलाधरावतंसकं विलासिलोकरक्षकम् ।
अनायकैकनायकं विनाशितेभदैत्यकं
नताशुभाशुनाशकं नमामि तं विनायकम् ॥ १ ॥
नतेतरातिभीकरं नवोदितार्कभास्वरं
नमत्सुरारिनिर्जरं नताधिकापदुद्धरम् ।
सुरेश्वरं निधीश्वरं गजेश्वरं गणेश्वरं
महेश्वरं तमाश्रये परात्परं निरन्तरम् ॥ २ ॥

जय गणेश जय गणेश जय गणेश पाहिमाम,
जय गणेश जय गणेश जय गणेश रक्षमाम।

September'25

Team work it's a good idea
Together we can do
Team work it's a good idea
It can get results two or better than one
Have a common goal
Help each other figure out
Things we can do all are own become possible
Ya possible
Teamwork is a good idea
Together we can do
Teamwork will get result two or better than one

OCTOBER'25

प्रेम प्रभु का बरस रहा है
पीले अमृत प्यासे
सातों तीरथ तेरे अंदर
बाहर किसे तलाशे
कण कण में हरि क्षण क्षण में हरि
मुस्कानों में अंसुवन में हरि
मन की आंखें तूने खोली तो ही दर्शन पाएगा
पता नहीं किस रूप में आकर नारायण मिल जाएगा

नियति भेद नहीं करती
जो लेती है वह देती है
जो बोएगा वह काटेगा
ये जग कर्मों की खेती है
यदि कर्म तेरे पावन हैं सभी
डूबेगी नहीं तेरी नाव कभी
तेरी बाँह पकड़ने को वह भेष बदलकर आएगा
नेकी व्यर्थ नहीं जाती हरि लेखा जोखा रखते हैं
औरों को फूल दिए जिसने उसके भी हाथ महकते हैं
कोई दीप मिले तो बाती बन
तू भी तो किसी का साथी बन
मन को मानसरोवर करले तो ही मोती पाएगा
पता नहीं किस रूप में आकर नारायण मिल जाएगा
कान लगाके बातें सुनले
सूखे हुए दरख्तों की
लेता है भगवान परीक्षा
सबसे प्यारे भक्तों की
एक प्रश्न है गहरा जिसकी
हरि को थाह लगानी है
तेरी श्रद्धा सोना है
या बस सोने का पानी है
जो फूल धरे हर डाली पर
विश्वास तो रख उस माली पर
तेरे भाग में पत्थर है तो
पत्थर भी खिल जाएगा
पता नहीं किस रूप में आकर नारायण मिल जाएगा

OCTOBER'25

The snow glows white on the mountain
tonight
Not a footprint to be seen
A kingdom of isolation
And it looks like I'm the queen
The wind is howling like this swirling
storm inside
Couldn't keep it in, heaven knows I tried
Don't let them in, don't let them see
Be the good girl you always have to be
Conceal, don't feel, don't let them know
Well, now they know
Let it go, let it go
Can't hold it back anymore
Let it go, let it go
Turn away and slam the door
I don't care what they're going to say
Let the storm rage on
The cold never bothered me anyway

NOVEMBER'25

Fa la la la la, la la la la
Fa la la la la, la la la la
Oh no no
Deck the halls with boughs of holly
Fa la la la la, la la la la (fa la la la la, la la la la)
'Tis the season to be jolly
Fa la la la la, la la la la (fa la la la la, la la la la)
Don we now our gay apparel
Fa la la la la, la la la la (fa la la la la, la la la la)
Troll the ancient Yuletide carol
Fa la la la la, la la la la
See the blazing yule before us
Fa la la la la, la la la la (fa la la la la, la la la la)
Strike the harp and join the chorus
(Fa la la la la, la la la, fa la la la la, la la la la)
Follow me in merry measure
Fa la la la la, la la la la, fa la la la la, la la la la
While I tell of Yuletide treasure
(Fa la la la la, la la la la)
Fast away, the old year passes
Fa la la la la, la la la la (fa la la la la, la la la la)
Hail the new, ye lads and lasses
(Fa la la, la la la, la la la, la la la, fa la la, la la la, la la la la)
Sing we joyous all together, oh
Heedless of the wind and weather
Fa la la la la, la la la la (hey)

NOVEMBER'25

मेरी झोपड़ी के भाग,
आज खुल जाएंगे, राम आएँगे,
राम आएँगे आएँगे,
राम आएँगे, मेरी झोपड़ी के भाग,
आज खुल जाएंगे, राम आएँगे ॥

राम आएँगे तो, आंगना सजाऊँगी,
दिप जलाके, दिवाली मनाऊँगी,
मेरे जन्मो के सारे, पाप मिट जाएंगे,
राम आएँगे, मेरी झोपड़ी के भाग,
आज खुल जाएंगे, राम आएँगे ॥

मैं तो रूचि रूचि, भोग लगाऊँगी,
माखन मिश्री मैं, राम को खिलाऊँगी,
प्यारी प्यारी राधे, प्यारे श्याम संग आएँगे,
श्याम आएँगे, मेरी झोपड़ी के भाग,
आज खुल जाएंगे, राम आएँगे ॥

मेरी झोपड़ी के भाग,
आज खुल जाएंगे, राम आएँगे,
राम आएँगे आएँगे,
राम आएँगे, मेरी झोपड़ी के भाग,
आज खुल जाएंगे, राम आएँगे ॥

DECEMBER'25

ना झुका है ना झुकने देंगे
आजाद तिरंगा हमारा
खाते है कसम इस माटी की ,
इस्पे जान लुटा देंगे
हम भारत के है हम भारत से है (२)
हम एक है एक रहेंगे ,
न बटे है न बाटने देंगे हम भारत के है
है हिमालय ताज जिसका
बहती है जहां यमुना गंगा (२)
हम है शांति के रखवाले ,
दुनिया की नजर हम पे है
जिसकी आन बाण है सेना ,
जिससे दुश्मन भी घबराता ,
पर दम है किस्मे जो हमको कभी ललकारे
हम कहाँ है पीछे हटने वाले
हम भारत के है हम भारत से है
हम एक है एक रहेंगे

DECEMBER'25

Dashing through the snow
In a one-horse open sleigh
O'er the fields we go
Laughing all the way
Bells on bobtails ring
Making spirits bright
What fun it is to ride and sing
A sleighing song tonight, oh!
Jingle bells, jingle bells Jingle all the way
Oh, what fun it is to ride
In a one-horse open sleigh,
hey! Jingle bells, jingle bells
Jingle all the way
Oh what fun it is to ride
In a one-horse open sleigh

JANUARY'26

Brown girl in the ring, tra-la-la-la-la-la
Brown girl in the ring, tra-la-la-la-la
She looks like a sugar and a plum, plum,
plum
Dance to the music, tra-la-la-la-la
Dance to the music, tra-la-la-la-la-la
And she looks like a sugar and a plum,
plum, plum
Skip to the music, tra-la-la-la-la
Skip to the music, tra-la-la-la-la-la
And she looks like a sugar and a plum,
plum, plum
Sing with the music, la-la-la-la-la
And she looks like a sugar and a plum,
plum, plum
Brown girl in the ring, tra-la-la-la-la
Brown girl in the ring, tra-la-la-la-la-la
Brown girl in the ring, tra-la-la-la-la
And she looks like a sugar and a plum,
plum, plum

इक ओंकार सतनाम करता पुरख ..
अकाल मूरत अजूनी स्वयंभम
गुरु परसाद जप आद सच जुगाद सच
है भी सच नानक होसे भी सच
सोचे सोच न हो वे जो सोची लाख वार
चुप्पे चुप न होवै जे लाइ हर लखतार
भुखिया भूख न उतरे जे बनना पूरिया पार
सहास्यांपा लाख वह है ता एक न चले नाल
के वे सच यारा होइ ऐ के वे कूडे टूटते पाल
हुकुम रजाई चलना नानक लिखिए नाल

FEBRUARY'26

जहां जहां राधे वहां जाएंगे मुरारी
जहां जहां राधे वहां जाएंगे मुरारी
अबीर गुलाल बरसाएंगे मुरारी
रंग भरी पिचकारी मारेंगे मुरारी
राधे कि.....
राधे रानी रूप है तो रंग है मुरारी
राधा परिधान है तो अंग है मुरारी
फूल में सुगंध जैसे बसती है वैसे
हर घड़ी राधाजी के संग संग है मुरारी
जहां जहां
काहे करे कान्हा ऐसे मोसे छेड़खानी
काहे रंग डारी ये चुनर मोरी धानी
रोके तू डगर काहे मारे पिचकारी
केसे समझाऊ तोहे हारी मै तो हारी
जहां जहां.....
जहां जहां राधे वहां जाएंगे मुरारी
जहां जहां राधे वहां जाएंगे मुरारी
अबीर गुलाल बरसाएंगे मुरारी
रंग भरी पिचकारी मारेंगे मुरारी राधे कि.....

FEBRUARY'26

FOR THE STARS IN THE SKY
BIRDS THAT FLUTTER AND FLY
I AM THANKFUL
FOR THE LEAVES ON THE TREE
HOW THEY DANCE IN THE BRIDGE
I AM THANKFUL , THANKFUL
WITH AN ATTITUDE OF GRATITUDE
FOR BLESSINGS BIG AND SMALL
I'LL SHOW GRATITUDE AND
THANKFULNESS
AS I PRAISE THE LORD OF ALL
I AM THANKFUL

MARCH'26

REVISION

YOGA

APRIL- MAY'25

Q1 What is Yoga?

Ans The word yoga means 'Unity or Oneness' and is derived from the Sanskrit word Yuj which means 'to join' (soul and body)

Q2 Importance of Yoga?

Ans Yoga is the science of right living. It works on all aspects of the person: the physical, vital, mental, emotional, psychic and spiritual.

Q3 What is Asana?

Ans. Asana means the state of being physically and mentally steady, calm quite and comfortable

1. Suryanamaskar

Benefits : a) It improves eye sight b) It stretches our body muscles.

2. Janushirasana and Paschimottanasana

Benefits : a) It reduces extra fat from the stomach. b) It stretches the muscles of the legs.

3. Anulom Vilom Pranayam

Benefits : a) It removes cough and cold. b) It removes all types of mental and physical stress.

JULY' 25

1. Mandukasana

Benefits : a) It reduces the weight of the thighs b) It removes the sugar problem

2. Matsyasana

Benefits : a) It exercises the sound box. b) It increases flexibility of the waist area.

• Practice of Suryanamaskar and Pranayam.

AUGUST '25

1. Santulanasana

Benefits : a) It maintains our body balance and ankles.

b) It has a curative effect on the knees

2. Vriksasana

Benefits : a) It develops concentration. body.

b) It helps to maintain the balance of our

• Practice of Suryanamaskar and Pranayam.

SEPTEMBER' 25

Revision :Paschimottanasana

Matasyasana

Santulanasana

Vriksasana

2. Kapalbhati Pranayam

Benefits : a) It has cleansing effect on the lungs

b) It is very beneficial in migraine pain.

• Practice of Suryanamaskar.

OCTOBER' 25

1. Uttanpadanasana

Benefits : a) It exercises the abdominal muscles. ankles.

b) It improves flexibility in the knees and

2. Ushtrasana

Benefits : a) It tones up the tissues of the sound box b) It has a good effect on the respiratory system

• Practice of Suryanamaskar and Pranayam.

NOVEMBER'25

1. Shashankasana

Benefits : a) It adjusts minor displacement of the navel. b) It strengthens the intestine.

2. Bhujangasana

Benefits : a) It removes the extra fat from the stomach. b) It increases flexibility of the waist area.

• Practice of Suryanamaskar and Pranayam.

DECEMBER'25

1. Revision :Uttanpadanasana

Ushtraana

Shashankasana

Bhujangasana

2. BhastrikaPranayam

Benefits : a) It exercises the sound

b) It removes 'Tonsil problem'.

• Practice of Suryanamaskar.

JANUARY' 26

1. Kandharasana

Benefits : a) It massages and stretches the abdominal organs. of the waist area.

b) It increases flexibility

2. Dhanurasana

Benefits : a) It has curative effect upon the disorder of the spinal cord.

• Practice of Suryanamaskar and Pranayam.

FEBRUARY' 26

1. Sidhasana and Padmasana

Benefits : a) It develops concentration.

b) It sharpens our memory.

2. Vajrasana and Suptavajrasana

Benefits : a) It improves our digestive system.
parts of the body.

b) It activates all the joints of the lower

MARCH' 26

1. Revision : Kandhrasana

Dhanurasana

Sidhasana

Suptavajrasana

- Practice of Suryanamaskar and Pranayam.

MARCH'26

REVISION

COMPUTER SCIENCE

APRIL' 25

Chapter –1

Computers – Inside the System Unit

System unit, Components Inside the system unit, Motherboard, Components of CPU.

Activity

Make a document in Word on 'Components Inside the system unit' with proper formatting.

Type a paragraph on 'Baisakhi' in Word.

MAY'25

Chapter –1

Computers – Inside the System Unit

Memory – RAM and ROM, Speed of CPU, Memory Units, Disk Drives, Different ports in the system unit

Activity
'RAM vs ROM'.

Using table in Word, type difference between

down the Computer

in Word.

Type the steps to start and shut

JULY'25

Chapter – 2

Windows – Customizing and Personalizing

Window 10 and how to starting, Switch between running apps, Organize running programs into two or more desktops, Lock and unlock computer, Settings app to customize tasks.

Activity
holidays' in Word.

Type a paragraph on 'How I spent my summer

AUGUST'25

Chapter – 3

Word – Editing and Formatting

Edit and delete text in word document, Format text to change its appearance, Insert pictures and Word Art in a document, Print a hard copy.

Activity
Design a pamphlet on 'Independence Day' in Word.

Make a poster and type a slogan on 'Save Trees' in Word.

SEPTEMBER'25

Chapter – 4

PowerPoint Presentation software

Identify the components of PowerPoint window, Create and add slide in presentation, Formatting and saving document, Run slide show.

Activity
Make a presentation on 'Healthy food vs Junk food'.

Make a presentation on 'Different Modes of Transport'.

OCTOBER'25

Chapter – 5

Internet – Surfing and Security

History of Internet, Advantages and Disadvantages of using Internet, Equipment that help to connect to Internet, Use of search engine and web browser, Guidelines to follow for online safety.

Activity
formatting.

Type a paragraph on Dussehra in Word with proper

Make a beautiful card on 'Diwali' in PowerPoint using shapes.

NOVEMBER'25

Chapter – 6

Algorithm and Reasoning

Algorithm and sequencing, branching statements, Debugging and Reasoning.

Activity
the Internet'.

Make a presentation on 'Safe Ways of Surfing

Make a pamphlet in Word showing grouping of images.

DECEMBER'25

Chapter – 8

AI in Smart Homes

Need and goals of Artificial Intelligence, Role of AI in smart homes, Smart home products.

Activity
background and formatting.

Make a card on 'Christmas' in Word with proper border,

Type a paragraph on 'Role of AI in homes' in Word.

JANUARY'26

Chapter – 7

More About Scratch 3

Starting Scratch, Components of Scratch, Generate the Sprite, Adding Sound, Making Sprite Dance, Repeating Steps, Adding New Sprite, Creating a New Project, Saving a Project, Opening a Project.

Activity

Make a presentation on 'Republic Day'.

FEBRUARY'26

Chapter – 7

More About Scratch 3

Sprite stage, Change its background, Create event- based programming, forever block and saving.

Activity

Make a project in Scratch to make sprite move and dance.

MARCH'26

Revision

Activity

Make a presentation on 'Holi'.

LIFE SKILL

APRIL' 25

Honesty

MAY' 25

Teamwork

JULY' 25

Celebrating Diversity

AUGUST' 25

Nurture the Nature

SEPTEMBER' 25

Doing Your Best

OCTOBER' 25

Sustainable Development

NOVEMBER' 25

Responsibility: Rights & Duties

DECEMBER' 25

Being Compassionate

JANUARY' 26

Personal Safety

FEBRUARY' 26

Caring. Choose Your Role Model

Note: Project CACA (Children Against Child Abuse) is being implemented under the school's safety policy.

My Third Safety Workbook (Life Skills & Moral Science)

DANCE

APRIL'25

Song

Chidi Bilauri (Bhangra)

MAY'25

Song

Bollywood

JULY'25

Song

Maay (Patriotic)

AUGUST'25

Song

Varindavan Antham (Janamashtami)

SEPTEMBER'25

Song

The Bhagvat Geeta Beats

OCTOBER'25

Song

Deepawali (Diwali)

NOVEMBER'25

Song

Revision

DECEMBER'25

Song

Carol Of The Bells

JANUARY'26

Song

Bam Bhole

FEBRURAY'26

Song

Bam Bhole

MARCH'26

Song

Revision